

YES, I/we want to help!

- \$250
- \$100
- \$50
- \$25
- Other \$ _____

NAME _____

EMAIL _____

PHONE _____

ADDRESS _____

CITY _____

Return to:

Central PA Down Syndrome
Awareness Group
175 Briarwood Lane
Carlisle, PA 17015

 **Phone Number**
717-609-1440

 **E-mail Address**
info@cpadsag.org

 **Website**
www.cpadsag.org

Central PA Down Syndrome Awareness Group is a 501(c)(3) non-profit organization and acknowledges that no goods or services were provided to you in return for your contribution. A letter will be sent acknowledging your gift. Please keep that letter for tax purposes

CENTRAL PA DOWN SYNDROME AWARENESS GROUP

Empowering the FUTURE

Our Mission

Central PA Down Syndrome Awareness Group is committed to the success of individuals with Down syndrome. By promoting acceptance and awareness in our community we can empower individuals with Down syndrome to meet and exceed their dreams.

Our Contact Information

 **Phone Number**
717-609-1440

 **E-mail Address**
info@cpadsag.org

 **Website**
www.cpadsag.org

Current Leadership

Brian Guillaume
Co-Founder/President

Heather Meck
Co-Founder/Vice President

Cori Guillaume
Co-Founder/Treasurer

Andy Smarr
Co-Founder/Secretary

What We Do

Community Social Events:

Provide a social environment where families of individuals with Down syndrome can come together to socialize and support one another.

Education/Family Focus Night:

Provide families with the information they need to ensure they are maximizing the resources available to individuals with Down syndrome (seminars related to government assistance, financial planning, Special Needs Trust, etc.)

Family grants/funding:

Provide funds to families that aid in promoting personal development of individuals with Down syndrome (these funds will be granted on an individual request basis for camps, horseback riding, assistive equipment and/or devices for educational purposes, etc.)

Grant requests are available through our website at www.cpadsag.org, emailing info@cpadsag.org or by phoning 717-609-1440.



Central PA Down Syndrome
Awareness Group

16th Annual Carlisle Area Buddy Walk



Saturday, September 16, 2023

South Middleton Township Park
Boiling Springs, PA

10AM Registration / 11AM Walk



WHEN?

Saturday, September 16, 2023

TIME

10:00AM Registration

11:00AM Walk

WHERE?

South Middleton Township Park
534 Park Drive
Boiling Springs, PA 17007

*Please NO pets. We know you love your pets, but not all individuals do. Some are not comfortable around them and we want everyone to enjoy their time together.



REGISTER NOW



Visit our website and pre-register prior to the day of to save time and for planning purposes for us.

www.cpadsag.com/BuddyWalk

About Our Buddy Walk



Food and Drinks

As always, our walk will end with our traditional food consisting of hot dogs, Hotchee Sauce (compliments of The Hamilton Restaurant), baked beans, bottled water, etc.



Fun and Games

We will have games and activities. Maybe even some new ones.



DJ Shockman Entertainment

DJ Eddie Wright will be playing our favorite songs to keep everyone moving.



Ribbon Cutting

We always have a family cut the ribbon to begin the walk each year. If your family would like to be considered, please contact us at info@cpadsag.org

Questions?

If you have any questions that we didn't cover above, please do not hesitate to contact us at info@cpadsag.org or 717-609-1440.



SILENT AUCTION

We heard your requests, so we are bringing back our *SILENT AUCTION* this year!

To do so, we need your help.

We need items to auction off. These items can be new items, homemade items, etc. Some examples are:

- Restaurant or store gift cards
- Homemade items (woodcrafts, sewing, etc.)
- Baked goods (pies, cakes, cookies, etc.)

If you would like to donate an item, please contact Heather Meck at either info@cpadsag.org or 717-226-8781.

All items need to be known before the day of the event, even if you are bringing them along the day of the event, so bid sheets can be made.



Three Families Three Sons One Purpose

Our lives were changed with the birth of our sons. They were forever changed with the diagnosis of Down syndrome. We were adjusting to life with a newborn, dealing with a diagnosis, possible medical issues and questions of the future. We didn't know where to turn, who to talk to, we didn't know where to start. With the support of friends and family we were able to move forward through that difficult adjustment period.

Today, the grief and confusion we felt are a faint memory. We have learned so much and have gone through so many emotions. We, and others, have discovered the true definitions of determination and unconditional love.